DR. ALDUAN TARTT

Psychologist, Minister, Speaker, Media Host, Author

"Helping you build thriving relationships, stronger marriages, and better mental health through faith-based psychology."



Dr. Alduan Tartt is founder of The Transforming Circle, an online community that provides the faith-based community with personal development and mental health education. Dr. Tartt is a distinguished psychologist, minister, speaker, media host, and author.

He is frequently sought after by major national media outlets such as CNN, HLN, NPR, ABC, Radio One (Willie Moore Jr & Rickey Smiley Shows) for his expertise in mental health, relationships and psychology and his YouTube channel boasts over 2.2 million views.

Dr. Tartt is a proud alumnus of Morehouse College and made history as the youngest African American to earn a PhD in Clinical Psychology from the prestigious University of Michigan. His contributions have been recognized with the esteemed lifetime NAACP award, honoring his lifetime of work in clinical psychology.

Dr. Tartt is also the author of the best-selling book, "The Ring Formula," and has developed a comprehensive mastercourse to transform single women into wives.

Dr. Tartt's expertise has led to consultations with top-tier professional sports leagues, including the NBA and NFL. He notably established the first full-time psychology role with the Oklahoma City Thunder, pioneering mental health support in professional sports.

Dr. Tartt holds influential positions on the boards of NAMI Georgia, A Parent Miracles and the Veritas School. He is cofounder of A Weekend For Love, a premiere marriage retreat.

Dr. Tartt owns a thriving psychology practice in Georgia, is happily married to Mecca, and is a devoted father to three children, Raquel (19), Trinity (9), and Christian (4).

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